



THE FATA

Positive Muslim Masculinity

WHAT IS FATA?

[fa·tā] *n.* the transformation period for muslim male youth to transition from boys to men following specific guidance to take their roles as leaders and protectors of the community.



TRUTHFULNESS

- Being honest is one of the noblest things you do in Islam
- Telling the truth can be life saving and changing (story of Sayyid Al-Jilani)

LOVING/TOLERANCE FOR ALLAH

- Loving Allah doesn't mean being perfect in Islam
- Allah already loves us all no matter who we are
- We don't hate people but we turn away from beliefs, attitudes and actions that move us from Allah



VIGILANT CARE

- Protection means watching over ourselves and those we love from both physical and spiritual danger while not using our power to be forceful or oppressive

HUMILITY

- Accepting when we are wrong no matter who brings our mistakes to our attention
- Not starting arguments to make a situation worse/bigger just to show we are right



SERVICE TOWARDS OTHERS

- Putting our desires aside for the benefit of others: giving and serving
- To help others we must listen and understand what they need and be directed by their perspective

RESPECT PARENTS

- The path of sacred manhood necessitates showing respect to one's parents & elders
- Respect includes listening, learning, and having patience with traditions



GENEROSITY

- Whoever is generous will be honored, and whoever is stingy will be humiliated
- Generosity includes giving of your time, energy, material goods and emotional presence.

Resources drawn from Futuwwah by Dawud Walid

[Find out more on the Muslim Allies Webpage.](#)